The International Martial Arts and Combat Sports Scientific Society (IMACSSS), the Unione Italiana Sportpertutti Area Discipline Orientali (UISP ADO), and the Laboratorio di Ricerca Sociale - Dipartimento di Scienze Motorie e della Salute Università di Cassino, Italy, are proud to announce the final programme for the 1st IMACSSS International Scientific Conference Game, Drama, Ritual in Martial Arts and Combat Sports. We expect all participants to enjoy both the Scientific and the Social Programme, and also the magnificent city of Genoa.

Friday, June 8th

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>14.00</td>
<td>Opening of Registration Desk</td>
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<tr>
<td>15.00</td>
<td>Opening Ceremony</td>
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<tr>
<td>15.30</td>
<td>Plenary Session – Chair: Wojciech J.Cynarski, Poland</td>
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<tr>
<td>15.30</td>
<td>Keynote speaker Nicola Porro, Italy</td>
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<tr>
<td>15.30</td>
<td>Sport and Globalization after the Western Hegemony</td>
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<tr>
<td>16.00</td>
<td>Debate</td>
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<tr>
<td>16.15</td>
<td>Keynote speaker Kenji Tokitsu, Japan</td>
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<tr>
<td>16.15</td>
<td>Games, Sports, Martial Arts or Budo</td>
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<tr>
<td>16.45</td>
<td>Debate</td>
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<tr>
<td>17.00</td>
<td>Coffee Break</td>
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<tr>
<td>17.15</td>
<td>M° Giuseppe Tesini</td>
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<tr>
<td>17.15</td>
<td>Judo Handicap Demonstration</td>
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<tr>
<td>18.00</td>
<td>Parallel Sessions – Chairs: Fuminori Nakiri, Japan &amp; Zdenko Reguli, Czech Rep.</td>
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<tr>
<td>18.00</td>
<td>1a Topic E - Psychological</td>
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<tr>
<td>18.00</td>
<td>1b Topic F - Sociological and Historical</td>
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<tr>
<td>19.30</td>
<td>Transfer to Restaurant on the sea</td>
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<tr>
<td>20.30</td>
<td>Welcome Dinner</td>
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</tbody>
</table>
Saturday, June 9th

9.30 Plenary Session – Chair: Abel A.Figueiredo, Portugal
9.30 Keynote speaker Xiong Xiaozheng, China
From Fighting Skill to Martial Arts Culture: the Evolution of Ancient Chinese Martial Arts
10.00 Debate
10.15 Poster Session – Chair: Jong-Hoon Yu, USA
11.00 Coffee Break
11.15 Parallel Sessions – Chairs: Raquel Escobar, Spain & Zhang Guodong – China
2a Topic B- Bio Technical and Bio Tactical
2b Topic F- Sociological and Historical
13.00 Buffet Lunch
14.00 Sergio Maifredi - Exposition Yves Klein Tour
15.30 Parallel Sessions – Chairs: Thomas A. Green, USA & Marc Theeboom, Belgium
3a Topic C - Pedagogy
3b Topic F- Sociological and Historical
16.30 Coffee Break
16.45 Tourism walking and Old Harbour tour by boat
19.30 Dinner at Ducal Palace
21.00 Judo Kata Demonstration at Ducal Palace

Sunday, June 10th

9.30 Parallel Sessions – Chairs: Fumiaki Shishida, Japan & Emerson Franchini - Brazil
4a Topic D - Philosophical, Anthropological and Taxonomy
4b Topic A - Bio Physical
11.00 Coffee Break
11.15 Genoese Stick Fencing Demonstration
11.45 Plenary Session – Chair: Sergio Raimondo, Italy
11.45 Chairmen of Parallel and Poster Sessions Conclusions
12.30 IMACSSS Young Researchers Awards Giving Ceremony
12.45 Fuminori Nakiri, Japan
Presentation Imacsss Conference 2013
13.00 Closing Ceremony
<table>
<thead>
<tr>
<th>Time</th>
<th>Session 1a, Topic E Psychological</th>
<th>Session 1b, Topic F Sociological and Historical</th>
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</thead>
<tbody>
<tr>
<td>18.00</td>
<td>Bianca Miarka – Brazil</td>
<td>Fumiaki Shishida – Japan</td>
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<tr>
<td>18.15</td>
<td>Giulia Prette – Italy</td>
<td>Raul Sanchez – Spain</td>
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<tr>
<td>18.30</td>
<td>Pierluigi Aschieri – Italy</td>
<td>Thomas A. Green – USA</td>
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<td>18.45</td>
<td>Jitka Chvátalová – Czech Rep.</td>
<td>Carlos Gutierrez – Spain</td>
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<tr>
<td>19.00</td>
<td>Martin Joh. Meyer – Germany</td>
<td>Marc Theeboom – Belgium</td>
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<td>Carlos Gutierrez – Spain</td>
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<tr>
<th>Time</th>
<th>Session 2a, Topic B Bio Technical and Bio Tactical</th>
<th>Session 2b, Topic F Sociological and Historical</th>
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<tbody>
<tr>
<td>11.15</td>
<td>Antonio Vences Brito – Portugal</td>
<td>Monica Aceti - Switzerland</td>
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<tr>
<td>11.30</td>
<td>Alessandro Timmi – Italy</td>
<td>Bianca Miarka – Brazil</td>
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<tr>
<td>11.45</td>
<td>Michele Gallamini – Italy</td>
<td>Bianca Miarka – Brazil</td>
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<td>12.00</td>
<td>Coral Falco – Spain</td>
<td>Ursula F.Julio – Brazil</td>
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<td>12.15</td>
<td>Coral Falco – Spain</td>
<td>Zhang Aihong – China</td>
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<tr>
<td>12.30</td>
<td>Isaac Estevan – Spain</td>
<td>Emmanuelle Ollier – France</td>
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<td>Raul Landeo – Australia</td>
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<tr>
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<th>Session 3a, Topic C Pedagogy</th>
<th>Session 3b, Topic F Sociological and Historical</th>
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<tbody>
<tr>
<td>15.30</td>
<td>Rudolf Jakhel – Slovenia</td>
<td>Wojciech J.Cynarski – Poland</td>
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<tr>
<td>15.45</td>
<td>Michal Vit - Czech Republic</td>
<td>Sergio Raimondo - Italy</td>
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<tr>
<td>16.00</td>
<td>Jikkmien Verthongen – Belgium</td>
<td>Tetsuya Nakajima – Japan</td>
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<th>Session 4a, Topic D Philosophical, Anthropological and Taxonomy</th>
<th>Session 4b, Topics A&amp;B Bio Physical &amp; Bio Technical and Bio Tactical</th>
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<tr>
<td>9.30</td>
<td>Abel A.Figueiredo – Portugal</td>
<td>Fatih Hazar – Turkey</td>
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<td>9.45</td>
<td>Zdenko Reguli - Czech Republic</td>
<td>Elena Pocecco - Austria</td>
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<tr>
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<td>Thomas A. Green – USA</td>
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<td>Zhang Guodong – China</td>
<td>Fatih Hazar – Turkey</td>
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<tr>
<td>10.45</td>
<td>Michael J.Ryan – USA</td>
<td>Bianca Miarka (Topic B) - Brazil</td>
</tr>
</tbody>
</table>
FRIDAY 8th, 18.00-19.45
Session 1a, Topic E Psychological
Chair: Fuminori Nakiri, Japan
• Bianca Miarka, Brazil. Blood lactate, heart rate and subjective perception of exertion during judo combats
• Giulia Prette, Italy. Gatka: the dance of the swords and the dance of life
• Pierluigi Aschieri, Italy. Measuring neural basis of cognitive-motor functions in elite athletes: is there a “neural efficiency”?
• Jitka Chvátalová, Czech Republic. Analysis of Irish dancers’ and karate practitioners’ attitude to Irish dance and karate
• Martin Joh. Meyer, Germany. Motives for Shotokan karate participation

Session 1b, Topic F Sociological and Historical
Chair: Zdenko Reguli, Czech Republic
• Fumiaki Shishida, Japan. Jigoro Kano’s ideas and Kenji Tomiki’s theoretical development
• Raul Sanchez Garcia, Spain. “Kano’s unintended consequences”: judo and the transformation of Japanese martial traditions
• Thomas A. Green, USA. The Mei Boxing Apprentice Ceremony: A Symbolic Interpretation of a Martial Rite of Passage
• Carlos Gutierrez Garcia, Spain. Key events in the construction of Asian Martial Arts social imaginary in the West
• Marc Theeboom, Belgium. Is there a need for a specific martial arts and combat sports policy? The case of Flanders
• Carlos Gutierrez Garcia, Spain. An annotated bibliography about Asian martial arts monographs published in Spain (1906-2009)

SATURDAY 9th, 11.15 – 12.45
Session 2a, Topic B Bio Technical and Bio Tactical
Chair: Raquel Escobar Molina, Spain
• Antonio M.Vences Brito, Portugal. An exploratory study in neuromuscular control and coordination of the Karaté front kick – Mae Geri
• Alessandro Timmi, Italy. Biomechanical analysis of karate techniques based on the evaluation of the body kinetic energy from 3d mocap data
• Michele Gallamini, Italy. Balance and martial arts - instrumental evaluation
• Coral Falco, Spain. Force and response time based on execution distance
• Coral Falco, Spain. Match analysis in a university taekwondo championship
• Isaac Estevan, Spain. Reaction and execution time analysis in the roundhouse kick according to different limits
• Raul Landeo, Australia. Is kicking a proximal to distal motion pattern

Session 2b, Topic F Sociological and Historical
Chair: Zhang Guodong, China
• Monica Aceti, Switzerland. Analysis of feminine roles in classical sport combat and martial arts movies: spectators, moderate actresses and superwoman
• Bianca Miarka, Brazil. Challenging stereotypes: the introduction of Brazilian Jiu Jitsu learning in Abu Dhabi
• Bianca Miarka, Brazil. From housewife to fighter: the history of women’s judo through Black Belt magazine (1961-1988)
• Ursula F. Julio, Brazil. Home advantage in judo: study on the world ranking list
• Zhang Aihong, China. A Comparative Study of Artistic Heritage of Sword Skill in China and Western Countries
• Emmanuelle Ollier, France. Yves Klein and the poetic quest of the pictorial space. Kata as support of esthetic sensitive experience of the creator’s emptiness
**SATURDAY 9th, 15.00 – 16.15**
**Session 3a, Topic C Pedagogy**
**Chair: Thomas A. Green, USA**

- Rudolf Jakhel, Slovenia. A direct approach to sports karate training: an outline
- Michal Vit, Czech Republic. Ethics of Scenario Training in Self-Defence Class
- Jikkemien Verthongen, Belgium. Type of guidance in martial arts: analysing different teaching approaches used by martial arts teachers

**Session 3b, Topic F Social and Historical**
**Chair: Marc Theeboom, Belgium**

- Wojciech J.Cynarski, Poland. Chosen aspects of lifestyle of students practising martial arts
- Sergio Raimondo, Italy. Martial arts and contemporary dance. Rhythmic convergences of the human body
- Tetsuya Nakajima, Japan. The formation of randori practice in jujutsu: Analysis of jujutsu treatises in Tokugawa era
- Wojciech J.Cynarski, Poland. Jujutsu yesterday and today. From the research on institutionalization of martial arts

**SUNDAY 10th, 9.30 – 11.00**
**Session 4a, Topic D Philosophical, Anthropological and Taxonomy**
**Chair: Fumiaki Shishida, Japan**

- Abel A.Figueiredo, Portugal. Mesoscopic model for institutional analysis of martial arts and combat sports contexts
- Zdenko Reguli, Czech Republic. Sacralization of fight
- Thomas A. Green, USA. The Liangquanof Plum Blossom Boxing: form and functions
- Pierluigi Aschieri, Italy. Theory of the systems applied to the models of performance
- Zhang Guodong, China. Cultural performances and significant expression: The “Liangquan” ritual of rural community in northern China
- Michael J.Ryan, USA. “The Stick is Most Sacred. It Shows that a Man has been Taught Right from Wrong”: The role of materiality in the subject formation of Venezuelan stick fighters.

**Session 4b, Topic A Bio Physical - Topic B Bio Technical and Bio Tactical**
**Chair: Emerson Franchini, Brazil**

- Fatih Hazar, Turkey. The Upper Body Power, Abdominal and Grip Strength of Wrestlers Aged 13 Years
- Elena Pocecco, Austria. Aerobic power in child, cadet and senior judo athletes
- Raquel Escobar Molina, Spain. Special Judo Fitness Test performance of junior and senior judo athletes from the Spanish Judo Team
- Nemanja Stanković, Serbia. Effects of training in preparation period measured by Special Judo Fitness Test
- Fatih Hazar, Turkey. Relationship of Leg Muscular Power and Agility Performance in Elite Judokas
- Bianca Miarka (Topic B), Brazil. Analysis of grip control time in male judo athletes from different groups

**POSTER PRESENTATIONS**

**TOPIC A - BIO PHYSICAL**
- Mohammad Ali Boostani, Iran. Taekwondo exercise influence on a place to T3, T4 and TSH in young Taekwondo athletes
- Mohammad Ali Boostani, Iran. Type, incidence and causes of injuries in elective karate national team competition for dispatch to Asian karate championship in China 2011
- Mohammad Hassan Boostani, Iran. Acute response of testosterone, cortisol, and testosterone to cortisol ratio of serum to the exercise of a karate session in elite karate athletes
- Mohammad Hassan Boostani, Iran. A study of acute responses of Cortisol and Immunoglobulin A serum to session of a single session exercise in two time of day in male elite Karate athletes

**TOPIC C - PEDAGOGY**
- Mariana Simões Pimentel Gomes, Brazil. Martial Arts & Combat Sports in Physical Education and Sport Sciences degrees: Comparative Study of Brazil, France, Portugal and Spain
- Martin Lykkegaard, Denmark. Martial arts as an educational subject for Danish teachers of physical education - from the point of didaktik
- Sigrid Happ, Germany. An educational view on fighting – focusing the relation between the two combatants

**TOPIC D - PHILOSOPHICAL, ANTHROPOLOGICAL AND TAXONOMY**
- Jong-Hoon Yu, USA. Action Research in Martial Arts

**TOPIC E - PSYCHOLOGICAL**
- Mohammad Ali Boostani, Iran. A Comparison of some Psychological Skills among Elite Karate Male Athletes in the Iran National Team
- Tooraj Moayyedd, Iran. Psychological guidelines for improve performance elite karate athletes in the competitions
- Tooraj Moayyedd, Iran. Investigation and comparing aggression in athletes in non-contact (gymnastic), limited contact (karate) and contactable (kung fu) sport fields

**TOPIC F - SOCIOLOGICAL AND HISTORICAL**
- Carla Carvalho-Iwanaga, Brazil. Characteristics of students of martial arts in Rio de Janeiro, Brazil
- Kentaro Tai, Japan. How Japanese Budo is a form of physical arts? The Establishment of the Concept of Martial Arts in the Japanese Early Modern
- Yukiko Yuasa, Japan. The Atemi in the jujutsu for medical applications: Focusing on Tenjin-shinryu

**GUIDELINES FOR ORAL PRESENTATIONS**
1. Oral presentations will be presented in Parallel Sessions at the Ducal Palace of Genoa according to the scheduled program.
2. Oral presentation time will be 10 minutes plus 5 minutes for debate and questions.
3. Time scheduled will be followed strictly.
4. All presentations should be done in PowerPoint. The lecture room will be equipped with a laptop computer. Please bring your file on a USB-flash-memory-drive, CD or DVD. You cannot connect your laptop to the beamer in order to give your presentation.
5. If you want to use video files incorporated in your PowerPoint presentation, please check with our staff when/how to do it prior to your presentation in order to avoid technical problems.
6. Computer files have to be downloaded to congress PC during coffee breaks before presentations by guidance of congress staff.

**GUIDELINES FOR POSTER PRESENTATION**
1. The Poster Session allows researchers to discuss with interested persons details about the presented study. For a successful poster you will need care and planning in preparing materials and organizing your display.
2. Abstracts of poster presentations will be published in the Proceedings of the 1st IMACSSS International Conference.
3. Posters should be allocated from 14:00 to 15:00 on the first day of congress (8th May) until the last day. They will be formally presented near to Sala del Maggior Consiglio in Ducal Palace of Genova from 10:15 to 11:00 of the second day of the Conference (9th May).

4. Each poster should be allocated on a poster board provided by the organization. It should be approximately 90 cm wide x 120 cm tall, and planted 1.5 meters above the floor.

5. Poster should be as neat and visually pleasing as possible. Hand lettering of materials is not satisfactory. Two general styles are used: the placement of materials on a large printed board; and the use of smaller printed boards which are arranged on site.

6. Do not include any display materials done in regular size type e.g. 12 point. Instead, you may wish to include an abstract typed in a large, clear type and several large, clearly labelled graphs and other visual aids. Figures that take up a regular page are probably adequately large, but even larger materials would be desirable. If tables are included, they should probably be larger than a standard sheet of paper. Pictures, diagrams, and other materials of adequate size are often helpful. A useful rule here is that your material should be easily read from a distance of 1 to 2 meters.

7. All materials you wish to display should be related to your presentation and the materials described in the abstract you submitted.

8. Authors should be available to discuss the materials and answer questions. At least one author must be present at the board at all coffee breaks on the day for poster presentation.

9. Many presenters wish to provide handouts about their project. These may include a copy of the complete paper itself. Other authors prefer to send reprints of their paper by email after the Congress is over and provide “reprint-request” sheets.