



**Programma LLP  
GRUNDTVIG  
Rapporto Finale 2012  
Progetti di volontariato senior  
(accordo finanziario 2012 –2014)**

**INFORMAZIONI GENERALI**

<b>Numero di accordo</b>	2012-1-IT2-GRU14-38703
<b>Titolo del Progetto</b>	Seniors in active learning through physical activity
<b>Acronimo (se applicabile)</b>	SALPA
<b>Nome dell'Istituzione/ organizzazione</b>	-COMITATO REGIONALE EMILIA ROMAGNA UISP -
<b>Ruolo dell'istituzione/ organizzazione</b>	<input checked="" type="checkbox"/> Coordinatore <input type="checkbox"/> Partner

### Dati dell'istituzione/organizzazione

<b>Denominazione legale completa</b>	UNIONE ITALIANA SPORT PER TUTTI – COMITATO REGIONALE EMILIA ROMAGNA				
	[In alfabeto latino – se l'originale non è alfabeto latino ]				
<b>Tipo di organizzazione</b>	NFP- ASC				
<b>Stato legale</b>	<input checked="" type="checkbox"/> Privato	<input type="checkbox"/> Pubblico	<b>Dimensioni</b>	S1	
<b>Orientamento Commerciale</b>	<input type="checkbox"/> Profit	<input checked="" type="checkbox"/> Non profit			
<b>Indirizzo</b>	Via Riva di Reno 75/3				
<b>Cap</b>	40121	<b>Città</b>	Bologna	<b>Regione</b>	Emilia Romagna
<b>Paese</b>	Italia		<b>Dimensione S1</b>	R	
<b>Numero identificativo nazionale dell'organizzazione (se applicabile)</b>					
<b>Sito web dell'organizzazione (se applicabile)</b>	<a href="http://www.uisp.it/emiliaromagna">www.uisp.it/emiliaromagna</a>		<b>E-mail dell'organizzazione (se applicabile)</b>	emiliaromagna@uisp.it	

### Persona di contatto

<b>Titolo</b>	MR	<b>Nome</b>	CARLO		
<b>Cognome</b>	BALESTRI				
<b>Dipartimento</b>	INTERNATIONAL PROJECTS				
<b>Posizione</b>	PROJECT MANAGER				
<b>Indirizzo di lavoro</b>	Via – Numero (se diverso da quanto riportato sopra)				
<b>Cap</b>	40121	<b>Città</b>	BOLOGNA		
<b>Paese</b>	ITALIA				
<b>Telefono 1</b>	0039 051225881		<b>Telefono 2</b>		
<b>Cellulare</b>			<b>Fax</b>	0039 051 225203	
<b>Indirizzo email</b>	internazionale@uisp.it				

## Parte a – Il progetto (cooperazione tra partners)

### 1. CONTENUTO DEL PROGETTO /

**Sintesi del Progetto:** fornite una descrizione breve e aggiornata (max 250 parole) del progetto che avete realizzato; questa descrizione potrà essere utilizzata per una eventuale pubblicazione

The project “**Seniors in active learning through Physical Activity**” has involved 4 french and 4 italian senior volunteers in an interesting experience of sport and social activities carried out by UISP and UFOLEP sport associations engaged in promoting active life style, healthy aging and sport as a tool for social inclusion .

French volunteers made their experience in UISP Bologna and UISP Ferrara Committees sharing some activities in both cities.

Italian volunteers began their experience in France taking part, together with the Italian mentor and French volunteers, in UFOLEP’s General Assembly (the first day of their service) in order to promote Grundtvig program and SALPA project to all the audience and then two of them continued their experience in Lyon, the other two in Orleans sharing a walking event during their experience .

The volunteers took part in the organisation and realisation of different activities for seniors: managed by UFolep and UISP helping the associations staff: indoor and outdoor gymnastic, senior- gymnastic at home, trekking, physical activities for self-care and “balance exercises” workshop, walking groups, adapted physical activities for Parkinson. They also cooperate in sport events like STRABOLOGNA and NORDIC WALKING .

The project has create a very positive and sustainable partnership between UISP and UFOLEP that will continue in 2015 with the organization of some common activities in Italy and France .

### 2. FINALITA’ DEL PROGETTO E RISULTATI /

**Quali sono stati gli obiettivi principali del vostro Progetto? Main aims of the project**

The project has achieved the following main objectives:

-to offer learning opportunities to senior citizens promoting the intercultural and intergenerational dialogue and emphasizing the contribution of seniors to our society. UISP and UFOLEP cooperate everyday with senior volunteers and the common opinion is that they are a rich source of wisdom and experience from which society should derive far greater benefit than has usually been the case in the past. Senior citizens have much to offer to younger generations and senior active ageing is also a determining factor for maintaining solidarity between generations.

-to develop and strengthen the relationship between UISP and UFOLEP and promote future and sustainable exchanges of good practices in sport and social fields.

- to promote active and healthy lifestyles in all ages practicing physical activities

During the project the volunteers and the associations benefited from exploring the methodology and the activities in partner locations and jointly elaborated new ways of transferring the good practice in promoting active lifestyles and mutually beneficial interaction between generations.

Volunteers increased their personal, linguistic, social and intercultural skills and competences; they gave their contribution to the development and implementation of non-profit activities, and beyond this, contributed to the community as active citizens. Finally they developed and transmitted specific task-related skills

UISP and UFOLEP had the opportunity to exchange experiences and learn new good practices and

developed a sustainable european collaboration around a particular theme.

The project covered a very wide range of physical activities suitable or adaptable to senior people..The partnership brought many new ideas and expertise to the organizations that will be developed and included in their offers to promote health and fitness in later life.

Mobilities of volunteers provided the opportunity to see for themselves how exercising activities for seniors are arranged in different countries. In addition to the volunteering service activities, meeting civil servants, visiting historical places, using local public transport, tasting national food helped to build awareness of cultural dynamics.

**In che misura sono stati raggiunti gli obiettivi che avevate indicato nel modulo di candidatura?**

*Date un voto da 1 a 5 tenendo presente che 1 corrisponde a “per niente” o “in misura assai ridotta” e 5 a “totalmente” o “in larga parte”*

**1 2 3 4 5X**

**Nel caso in cui indichiate 1 o 2, vi chiediamo di spiegare quali obiettivi non sono stati raggiunti e per quali motivi**

### 3. COMUNICAZIONE E COOPERAZIONE / **COMMUNICATION AND COOPERATION**

<b>Quali modalità di comunicazione e quale(i) lingua(e) di lavoro sono state adottate tra i partner?</b>
<p>Communication between the partnership associations was through face-to-face contact at kick off meeting in Italy (January 2013) , the intermediate meeting in France ( January 2014) and UFOLEP general Assembly in April 2014.</p> <p>Regular e-mailing between the coordinators ensured the good level of cooperation and reaching of project goals and objectives. All arising questions were discussed until the consensus was reached. The responses to e-letters were prompt and exact. E-mailing proved to be an efficient communication method.</p> <p>The agendas of the hosting periods in Italy and France were sent well in advance and all technical details were explained. During the hosting periods volunteers communicated with their coordinators using e mails and mobile phones.</p> <p>Language problems were solved by involving members with good French and English skills.</p> <p>Working languages were English and French .</p> <p>The Partnership achieved a good level of cooperation as all partners were equally involved in the Partnership and shared the responsibilities.</p>

<b>Quali sono stati i punti forti e i punti deboli della cooperazione tra le due istituzioni/organizzazioni</b>
<p><b>Strong aspects of the cooperation between UISP and Ufolep are :</b></p> <ul style="list-style-type: none"><li>- the common general policies and objectives of the organizations concerning active aging and the promotion of active lifestyles.</li><li>- a very good attitude of volunteers and staff members towards the project who made it possible to carry out the experience in the best way</li><li>- the great interest of the volunteers in this experience and their desire to carry on other activities with the organizations even after this project</li><li>- the desire to strengthen the partnership between the organizations and to continue the relationship even after the end of the project</li></ul> <p><b>weak aspects are:</b></p>

### 4. ATTIVITA' DEL PROGETTO **PROJECT ACTIVITIES**

**Quali sono state nel concreto le attività intraprese dalla vostra istituzione/organizzazione nell'ambito del Progetto?**

Data	Descrizione dell'attività	Attori coinvolti
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November 2012	Meetings of UISP / Ufolep coordinators and Italian and French volunteers in both countries- We discussed about volunteers expectations, their skills, we illustrated the Grundtvig Program , the activities and mission of the hosting association, the objectives and planned activities of the project, we gave them detailed information about the hosting country; travel; accommodation; the mentor's role	UISP and Ufolep Coordinators and mentors , French and Italian volunteers
December 2012 January 2013	Training/ support for the volunteers managed by both associations; preparation of the hosting period of French volunteers in Italy organized by UISP staff members involving its volunteers	UISP and Ufolep mentors, French and Italian volunteers
19/01/2013	<b>Kick off meeting</b> - Italy : Welcome and transfer to Ferrara, visit to Ferrara UISP Committee and sightseeing of the town and the accommodation; transfer to Uisp regional committee in Bologna; Introduction of partners, their organizations and activities, expectations from the project . Activity plan, budget, allocation of tasks, milestones for the targets, timelines.	UISP and Ufolep mentors, French and Italian volunteers
	<b><u>FRENCH VOLUNTEERS HOSTED IN FERRARA ( N.2)</u></b>  <b><u>Marked activities have been made together with French volunteers hosted in Bologna</u></b>	
30/04/13	Welcome of the French volunteers in Italy and transfer to Ferrara – Accomodation and visit to UISP committee	UISP mentor, French and Italian volunteers , Ferrara UISP president
02/05/13	Volunteering service in adapted physical activities for Parkinson	UISP mentor, UISP teachers of APA , French volunteers , participants in APA groups, relatives of APA participants , students of Ferrara Motor Science Faculty
03/05/13	Participation to the project meeting “Capitan Uncino” – UISP project involving schools and associations of disabled people	UISP mentor, French volunteers, students, project coordinator, school teachers, Capitan Uncino's volunteers
04/05/13	Volunteering service in Nordic walking activities with Ferrara Nordic Walking association	French and Italian volunteers, FNW coordinators and participants
06/05/13	Official meeting with Ferrara health department Councillor	UISP mentor , volunteers, Councillor, chief of Ferrara international exchanges office
07/05/13	Volunteering service in Gymnastic at home laboratories	Volunteers, teachers od Gym labs, participants
<b>07/05/13</b>	<b>Participation in UISP seminar “Women and sport” – Olympia project <a href="#">EUROPEAN CHART OF WOMEN'S RIGHTS IN</a></b>	<b>UISP mentor, volunteers, seminar's participants, Ferrara authorities</b>

	<b><u>SPORTS</u></b>	
<b>08/05/13</b>	<b>Volunteering service in UISP Bologna's trekking</b>	<b>UISp mentors , volunteers, participants</b>
09/05/13	Volunteering service in Gymnastic labs for elderly people  Intermediate meeting with UISP mentor in order to discuss about the running of the project	Volunteers, trainers, participants  UISP mentor , volunteers, UISP senior activities coordinator
<b>10/05/13</b>	<b>Volunteering service with Ferrara Nordic Walking association – trekking in the Campotto natural reserve</b>	<b>Volunteers , members of FNW</b>
13/05/13	Meeting with the president and members of Gruppo Estense Parkinson Ferrara – discussion about the activities of the association and APA for Parkinson	Volunteers, UISp mentor, president and some memnbers of GEPA
14/05/13	Meeting and volunteering service in Maccacaro centre for mental Health -	Volunteers- patients, UISP mentor, nurses and social workers
<b>15/05/13</b>	<b>Volunteering service in UISP “Active day for seniors event”- organisation</b>	<b>Volunteers, UISP mentor, 170 participants coming from other UISP Committee of Emilia Romagna region, trainers</b>
<b>19/05/13</b>	<b>Volunteering service in Strabologna event</b>	<b>Volunteers, UISP mentors, participants</b>
20/05/13	Final meeting with the mentor and senior's department – evaluation of the experience	Volunteers, UISP mentors, and UISP senior projects coordinator
<b>21/05/13</b>	<b>Departure for France</b>	<b>Volunteers and mentors</b>
	<b><u>FRENCH VOLUNTEERS HOSTED IN BOLOGNA ( N.2)</u></b>	
30/04/13	Welcome of the French volunteers in Italy and transfer to Bologna's accomodation	UISP mentor, French and Italian volunteers , Bologna UISP president
02/05/13	Meeting in Bologna's UISP committee – welcome of UISP president and coordinators	Volunteers, UISp mentor, UISP president and senior projects coordinator
03/03/13	Volunteering service in senior gymnastic labs	Volunteers, participants, trainers
04/05/13	Participation in UISP event “1 km in health” – walking groups	Volunteers , UISp mentor, participants, bologna's authorities
06/05/13	Volunteering service in UISP Memory training groups for seniors	Volunteers, trainers of Polar Group
09/05/13	Volunteering service in UISp committee – organisation of Strabologna event	Volunteers, UISP mentor , UISP senior projects coordinator
13/05/13	Volunteering service in UISP hydrogym labs for seniors	Volunteers, trainers, participants
14/05/13	Volunteering service in UISp committee – organisation of Strabologna event	Volunteers, UISP mentor , UISP senior projects coordinator
14/05/13	Volunteering service in UISp committee – organisation of “Active day for seniors event “	Volunteers, UISP mentor , UISP senior projects coordinator

17/05/13	Volunteering service in Gym labs for seniors	Volunteers, trainers - participants
18/05/13	Final meeting with the mentor and senior's department – evaluation of the experience	Volunteers, mentor and UISP seniors projects coordinator
<b>21/05/13</b>	<b>Departure for France</b>	<b>Volunteers and mentors</b>
<b>25/01/14</b>	<b>Meeting in France – discussion about the running of the project and the volunteering service in France</b>	<b>UISP mentors, Italian volunteer, UFOLEP project coordinators, French volunteers</b>
	<b><u>ITALIAN VOLUNTEERS HOSTED IN FRANCE ( n.4)</u></b>	
11/04/14	Arrival of the Italian volunteers and Italian mentor in Paris  Participation of volunteers and mentors in the <b>General Assembly of UFOLEP</b> : promotion of Grundtvig programme and information about SALPA project to the audience -	All the volunteers, the mentors, project's french staff , all the participants to the Assembly
12/04/14	Departure of two volunteers for Lyon and two for Orleans	All the volunteers, the French mentors
	<b>ITALIAN VOLUNTEERS HOSTED IN ORLEANS ( n.2)</b>  <b><u>Marked activities have been made together with Italian volunteers hosted in Lyon</u></b>	
13/05/14	Volunteering service in 5 km Run organised by Vennecy association	Volunteers, UFOLEP mentor, French staff
15/04/14	Volunteering service in UFOLEP Yoga labs for seniors	Volunteers, UFOLEP mentor, trainer and participants
16/04/14	Volunteering service in Ufolep Senior project concerning balance	Volunteers, UFOLEP mentor, trainer and participants
17/04/2014	Meeting at n.28 UFOLEP Committee concerning seniors in France	Volunteers, UFOLEP mentor, President of Committee, Seniors department's coordinaors
18/04/14	Volunteering service in Acquagym labs for seniors	Volunteers, UFOLEP mentor, trainer and participants
19/04/14	Volunteering service in Nordic walking event organized by UFOLEP	Volunteers, UFOLEP mentor, trainer and participants
23/04/14	Meeting at Ufolep Regional Committee Orléans la Source, presentation af seniors projects and activities	Volunteers, UFOLEP mentor, President of the committee, staff members
24/04/14	La Brenne: Volunteering service in intergenerational activities for disabled: kurling, sarbacane , mölky with seniors-children and disabled people	Volunteers, UFOLEP mentor, participants, trainers, clubs staff.

25/04/14	At Cour Cheverny ( Brenne) participation and volunteering service in the event : “Caravane santé”- sport and food for a healthy lifestyle for seniors	Volunteers, UFOLEP mentor, participants, trainers.
<b>26- 27 /04/14</b>	<b>Walking Event in Rhône Alpe. Volunteering service in 10 km Walking event organized by Ufolep de l’Indre</b>	<b>Alla the volunteers and UFOLEP mentors, seniors project’s coordinator of UFOLEP</b>
30/04/14	Final meeting with the mentor and senior’s department – evaluation of the experience	Volunteers, UFOLEP mentor, seniors projects coordinator
<b>01/05/14</b>	<b>Departure for Italy</b>	<b>Volunteers and mentors</b>
	<b>ITALIAN VOLUNTEERS HOSTED IN LYON ( n.2)</b>	
14/04/14	Meeting at Lyon Ufolep committee – welcome of the president – presentation of UFOLEP senior projects	Volunteers, UFOLEP mentor , UFOLEP president and staff members
15/04/14	Volunteering service in Beaujolais Walking event organized by UFOLEP- 14 km	Volunteers, UFOLEP mentor, staff and participant at the event
17/04/14	Volunteering service in Gym labs for seniors	Volunteers, trainers and participants
22/04/14	Participation to a first aid training course in UFOLEP Committee	Volunteers, trainers, participants
24/04/14	Volunteering service in Gym labs for seniors 75plus	Volunteers, trainers and participants
25/04/14	Volunteering service for the organization of the Walking Event in Rhône Alpe	Volunteers, UFOLEP mentor and seniors projects coordinator
30/04/14	Final meeting with the mentor and senior’s department – evaluation of the experience	Volunteers, UFOLEP mentor, seniors projects coordinator
<b>01/05/14</b>	<b>Departure for Italy</b>	<b>Volunteers and mentors</b>

*Aggiungete righe, se necessario*

<p><b>Avete realizzato tutte le attività programmate?</b></p> <p>(x) Sì ( ) No</p>
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<p><b>Se avete risposto no, quali sono state le attività che non siete riusciti a realizzare e per quali motivi? Pensate che questo abbia condizionato lo sviluppo del Progetto?</b></p>

<p><b>Se avete realizzato delle attività che non erano state programmate in fase di candidatura, spiegate perché avete deciso di realizzarle.</b></p>

<b>Avete realizzato dei prodotti concreti? Se si, fornite una descrizione.</b>
Dvd , video, photos , documents .

<b>Quali attività avete in programma per il futuro e come potete garantire che la cooperazione tra le due organizzazioni continuerà anche dopo la fine del Progetto?</b>
<p>During Salpa project the associations together with the volunteers have spoken about future cooperation and there are already new concrete activities to manage together in the coming months.</p> <p>UISP and UFOLEP will meet again during the international “Move congress” that will take place in Rome from 22 to 25 October and during this meeting the coordinators will speak about some future common activities born from Salpa project : a journey in Emilia Romagna of a Ufolep senior group and a sport event in Paris of an italian UISP association engaged in social inclusion of psychiatric patients together with Ufolep associations.</p> <p>From 26 to 28 October UISP coordinator will meet a Ufolep volunteer in Ferrara to organize the journey in Italy .</p> <p>We are sure that in coming months and after the “Move congress” UISP and Ufolep will elaborate other common projects .</p>

**5. VALUTAZIONE E MONITORAGGIO / EVALUATION AND MONITORING**

<b>Come avete monitorato e valutato i progressi e l’impatto del Progetto?</b>
<p>The project has been monitored and evaluated through:</p> <ul style="list-style-type: none"> <li>- frequent <b>communication between mentors and project’s staff</b> of the two associations (e mail, skype conferences, phones) from the beginning to the end of the project</li> <li>- <b>a kick off meeting in Italy</b> at the beginning of the project ( winter 2013)</li> <li>- <b>an intermediate meeting in France</b> ( Winter 2014)</li> <li>- <b>a meeting of Italian and French mentors</b> at the beginning of the hosting period in France of Italian volunteers ( Spring 2014)</li> <li>- initial, and final <b>questionnaires</b> for the participants (associations staffs and volunteers ); the comparison of the volunteer initial application and the same questionnaire given to them after the experience in order to know if the volunteers feel like they have acquired new skills and competences and if yes which ones.</li> <li>- a “ <b>daily diary</b>” for the volunteers in which they wrote their experience</li> <li>- <b>focus groups at local level</b> before and after the experience involving staff members and other organization participating in the project;</li> <li>- <b>focus groups during the volunteering period</b> whit hosting and sending volunteers ;</li> <li>- <b>meetings and workshops before and at the end of the project</b> involving the associations and some local organizations directly involved or not in the project</li> </ul> <p>The evaluation process has been made “during “ the project in order to analyze, in every step of it,</p>

strengths and weaknesses and “at the end” of the project in order to understand the results and elaborate the follow up.

The evaluation primarily analysed :

- intercultural and intergenerational learning
- cooperation between the project partners
- cooperation with local institutions and associations
- match between the experience that the volunteers have done and their expectations .

**Quali sono le principali conclusioni che avete tratto dal monitoraggio e dalla valutazione?**

The project monitoring and evaluation have been very accurate and important for analyzing all project's aspects ( volunteers, mentors, staff members, promotion, organization, evaluation, cooperation between the organizations...) and elaborate the follow up.

We think that the project has been carried out very positively by both the organizations and primarily by the volunteers that have participated in it with a very positive attitude from the beginning to the end of it and now they are cooperating on new projects to do with UISP and Ufolep .

The project has involved a lot of local organization and public authorities in both countries promoting, among the local communities, the Grundtvig program , the senior volunteering service and above all the feeling of belonging to Europe and to be European citizens engaged in a common project .

The project has implemented the knowledge and the skills of the volunteers and the organizations in carrying out European projects .

Salpa has been a very good opportunity to analyze how every organization carries out senior activities and how important is the role of volunteering in the implementation of them .

## 6. IMPATTO DEL PROGETTO / **PROJECT IMPACT**

Quale impatto ha avuto il Progetto sugli attori coinvolti nella vostra organizzazione e, più in generale, sulla comunità locale?

<b>Impatto sui volontari che sono stati all'estero</b>
<input checked="" type="checkbox"/> aumento delle abilità linguistiche
<input type="checkbox"/> aumento delle abilità informatiche e TIC
<input checked="" type="checkbox"/> aumento delle abilità sociali
<input checked="" type="checkbox"/> aumento della motivazione
<input checked="" type="checkbox"/> aumento dell'autostima
<input checked="" type="checkbox"/> aumento della conoscenza del paese e della cultura del paese ospitante
<input type="checkbox"/> altro, si prega di specificare

<b>Impatto sullo staff / volontari locali</b>
<input checked="" type="checkbox"/> aumento delle abilità linguistiche
<input type="checkbox"/> aumento delle abilità informatiche e TIC
<input checked="" type="checkbox"/> aumento delle abilità pedagogiche
<input checked="" type="checkbox"/> aumento della motivazione
<input checked="" type="checkbox"/> aumento delle capacità manageriali
<input checked="" type="checkbox"/> aumento della conoscenza del paese e della cultura del partner
<input type="checkbox"/> altro, si prega di specificare

<b>Impatto sull'istituzione/organizzazione</b>
<input type="checkbox"/> cambiamenti delle modalità di lavoro o del volontariato
<input type="checkbox"/> cambiamenti organizzativi
<input checked="" type="checkbox"/> maggiore apertura nei confronti di ulteriori cooperazioni europee
<input checked="" type="checkbox"/> aumento della collaborazione tra i membri del personale
<input checked="" type="checkbox"/> impatto sul gruppo target della vostra organizzazione
<input type="checkbox"/> cambiamenti nel curriculum
<input type="checkbox"/> altro, si prega di specificare

<b>Impatto sulla comunità locale</b>
<p>X aumento della cooperazione con altre istituzioni/organizzazioni locali</p> <ul style="list-style-type: none"> <li>o aumento della cooperazione tra enti locali</li> </ul> <p>X aumento del supporto e della partecipazione di altri attori locali/regionali</p> <p>X aumento dell'apertura della comunità locale ad ulteriori cooperazioni europee in futuro</p> <ul style="list-style-type: none"> <li>o altro impatto, si prega di specificare.</li> </ul>

<b>Descrivete qualsiasi altro tipo di impatto abbiate notato:</b>

**7. DISSEMINAZIONE E UTILIZZO DEI RISULTATI / DISSEMINATION OF RESULTS**

<b>Come avete informato/coiivolto la vostra istituzione/organizzazione, altre istituzioni/organizzazioni, la comunità locale etc dei risultati del vostro Progetto?</b>
<p>Project partners, activities and results are available on partners' web sites and club magazines.</p> <p>Videos, photos and newspapers articles of the project have been sent to all UISP Committees of Emilia Romagna region.</p> <p>Project results have been sent to local authorities, some local and regional sport/volunteering associations in order to make them aware of the relevance of the senior volunteering and the Grundtvig Program</p> <p>In local communities the project has been illustrated in a press conference, newspaper articles</p> <p>Information on the project will be included in LLP catalogues/indexes of National Agencies.</p> <p>Volunteers have been actively involved in the production and dissemination of results. Theyl cooperated with staff members in the organization of press conferences public meetings, newspapers articles, video production</p>

<b>Come potrebbero essere utilizzati da altri i risultati e i prodotti del Progetto che avete realizzato?</b>
<p>We think that the results and products of the project could be used in other local committees of UISP and UFOLEP and in other organizations in order to improve their "know how, develop different activities, initiate or strengthen important partnership , recruit senior volunteers, take part in European projects.</p> <p>Results and products could be used by public bodies in order to strengthen the networking, to</p>

develop new proposals for Seniors, to get new ideas concerning policies for elderly .

## 8. PROBLEMI/OSTACOLI INCONTRATI

### **Quali problemi/ostacoli avete incontrato a livello di Progetto e localmente e come li avete risolti**

- Accordo finanziario/pagamento arrivato in ritardo / eccessivo carico di lavoro amministrativo
- Problemi di comunicazione
- Mancanza di supporto all'interno delle istituzioni/organizzazioni partecipanti
- Mancanza di tempo per realizzare il Progetto
- Problemi organizzativi all'interno dell'istituzione/organizzazione
- Difficoltà linguistiche
- Mancanza di fondi
- Problemi organizzativi tra le istituzioni/organizzazioni partner
- Altri problemi, si prega di specificare:

### **Ulteriori commenti:**

## 9. SUGGERIMENTI/RECOMMENDATIONS

**Vi invitiamo a fornirci qualsiasi tipo di commento o suggerimento che ritenete possa migliorare il Progetto di Scambio di Volontari Senior Grundtvig:**

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**Vorreste o avreste voluto ricevere maggior supporto da parte della vostra Agenzia Nazionale? Se sì, di che tipo?**

The support of the Italian National Agency has been very accurate.

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