

**27 INTERNATIONAL TROPHY
SPORT AND TURISM**

The National Skating UISP League, together with the Provincial Skating League of Prato and the skating club A.P. Primavera Prato, organizes an International Meeting of Artistic Skating.

Date: April 17/19, 2014

Rink: Prato (PO) - Sports Hall - Via Caduti senza Croce, 395
(mt 21 x 42 - parquet)

Competitions: Single Categories Ladies and Men:
Figures - Free Long Program;
Separated result of Figures, Free and Combined;

Single Categories:

Giovanissimi L/M (Minis 2005)
Giovanissimi L/M (Minis 2004)
Pulcini L/M (Minis 2003)
Orsetti L/M (Espoir 2002/2001)
Under 16 Cadet L/M (2000/1999)
Under 16 Youth L/M (1998/1997)
Over 16 L/M (Junior and Senior 1996/1995/1994 and previous)

and the following Single UISP categories with limited difficulties:

Ragazzi L/M 2000-1999
Azzurri L/M 1998 - 1997
Master L/M 1996 and previous

Director of Organization:

COCCHI MAURIZIO
e mail candida.cocchi@tin.it

GENERAL INFORMATION:

Entries must be submitted on letterhead of the club, with full name of the athlete, date of birth, category and specialty of competition; with certificate of health responsibility signed by the President of the club or legal representant. All these information must be sent to the Director of the Organization's e-mail address.

The program schedule will be announced after the closing date for entries, set for March 30, 2014. Approximately training and competitions will begin in the morning of Friday, April 18 and will end in the late afternoon of Saturday, April 19.

The draw will be made by the UISP organization.

The jury will be composed of Officials appointed by the UISP and eventual follow-up judges of foreign delegations, all by the UISP.

Figures and limitations are indicated in Annex "A".

There is no registration fee.

The information about the logistics are set out in Annex "B".

For each participating country will be offered board and accommodation from dinner of April 17th to breakfast of April 19th for a coach and a manager. For athletes and accompanying people special rates are available as Annex "B".

Annex "A"

Single categories Ladies and Men - Free program *

Well balanced Free Skating Long Program

Minis, Espoir, Cadet, Youth, Junior & Senior

- A jump of the same kind (type and rotation), with the exception of one revolution jumps or less, can be performed no more than three (3) times in the whole programme.
If the skater performs the same jump (type and rotation) more than three (3) times, a deduction of 0.3 from the "A" mark will be applied.
- All the combination jumps MUST be different.
If a skater performs the same combination jumps more than once, a deduction of 0.3 from the "A" mark will be applied.
- There MUST be at least two (2) spins, one of which MUST be a combination.
If the skater does not perform a combination spin, a deduction of 0.5 will be applied from the "A" mark.
If the skater performs less than two (2) spins a deduction of 0.5 will be applied from the "A" mark.
- ALL Spins MUST be evenly distributed throughout the program, this means that between two (2) spin elements in the long program there should be at least two other different elements (at least one steps sequence AND one jump element). A deduction of -0.5 in general will be deducted in the B mark by the Referee for a program that is not well balanced.

For the evaluation and penalties refer to the regulations Cipa Cipa 2014.

Falls (Long Programme) :

A fall leading to the penalty is when more than 50% of the body weight is supported by any part of the body except the skate/s, will be penalised by 0.2, on each and every occasion. This amount will be deducted from the "B" mark.

GIOVANISSIMI (Minis 2005):

Can insert only:

Jumps :

Max Jumps of 1 revolution.

Max three (3) combinations of min. 2 and max. 5 jumps, between above listed.

Spins:

Can perform only: upright spins, sit spins.

Combination spins are free from the spins listed above.

Footwork:

There must be one step sequence (circle or line/diagonal or serpentine) of the skater's choice. MUST be inserted one spiral (arabesque) sequence with minimum 2 positions, fully utilizing the long axis of the rink surface (min. $\frac{3}{4}$ of the length). The pattern should be serpentine with at least two bold curves.

GIOVANISSIMI (Minis 2004) and PULCINI (Minis 2003):

(Cepa Book 2014 – rule 136)

Can insert only:

Jumps :

Max. Jumps of 1 revolution + axel, double toe loop and double salchow.
A total of ten (10) jumps will be allowed, from which two (2) combinations can be executed (from 2 to 5 Jumps)
In the programme there **MUST** be at least a Toe Loop element, single and/or double, executed as a single jump or in a combination. Deduction of 0,2 from the "A" mark will be given by the Referee for an **Open** Toe Loop.

Spins:

Can perform only maximum **three (3) Spins:**
Upright spins, Sit spins, Camel (not broken ankle, not heel, not inverted)
Combination spins are free from the spins listed above
One Spin must be a Single Upright Spin OR Combination of any Upright Spins (This Spin cannot include other positions than Upright).

Footwork:

there must be one step sequence (circle or line/diagonal or serpentine) of the skater's choice, to include:

- three (3) consecutive brackets,
AND
- one "loop step" (double three with wrapped free leg).

A good execution of the wrapped free led will receive a BONUS of 0,2 in the "A" mark by the Referee.

Must be inserted One spiral (arabesque) sequence with minimum 2 positions, fully utilizing the long axis of the rink surface and minimum one-half of the short axis. **Extreme CONTROLLED flexibility** (the position of the free leg more than 150° from the floor held for at least two (2) seconds, at least in one position will be awarded with a **BONUS of 0,2 in the "A" Mark, by the Referee.**
The pattern should be serpentine with at least two bold curves.

Remember! The programme must follow the rule 132 of the "Well balanced Free Skating Programme"

Please Note: Extra elements will receive no credit by the Judges and the skater will have a deduction for each one of 0.5 point in "B" mark given by the Referee. Each Element not attempted will have a deduction of 0.5 in the "A" mark given by the Referee.

ORSETTI (Espoir 2002 – 2001):

(Cepa Book 2014 – rule 135):

Can insert only:

Jumps:

Max. Jumps of 2 revolutions (no double axel and triples!)

A total of twelve (12) jumps will be allowed, from which two (2) combinations can be executed (from 2 to 5 Jumps).

In the programme there **MUST** be at least a Toe Loop element, single and/or double, executed as a single jump or in a combination. Deduction of 0,2 from the "A" mark will be given by the Referee for an **Open** Toe Loop.

Spins:

Can perform only maximum **three (3) Spins:**

Upright spins, Sit spins, Any Camel spins (no Broken Ankle!)

Combination spins are free from the spins listed above

One Spin must be a Single Sit Spin OR Combination of any Sit Spins (This Spin cannot include other positions than Sit).

Footwork:

there must be one step sequence (circle or line/diagonal or serpentine) of the skater's choice, to include:

- three (3) consecutive brackets,

AND

- one "loop step" (double three with wrapped free leg).

A good execution of the wrapped free leg will receive a BONUS of 0,2 in the "A" mark by the Referee

Must be inserted One spiral (arabesque) sequence with minimum 2 positions, fully utilizing the long axis of the rink surface and minimum one-half of the short axis. The pattern should be serpentine with at least two bold curves. **Extreme CONTROLLED flexibility** (the position of the free leg more than 150° from the floor held for at least two (2) seconds), at least in one position will be awarded with a **BONUS of 0,2 in the "A" Mark, by the Referee.**

Remember! The programme must follow the rule 132 of the "Well balanced Free Skating Programme"

Please Note: Extra elements will receive no credit by the Judges and the skater will have a deduction for each one of 0.5 point in "B" mark given by the Referee. Each element not attempted will have a deduction of 0.5 in the "A" mark given by the Referee.

UNDER 16 (Cadet 2000/1999)

(Cepa Book 2014 – rule 134):

Will be possible insert **MAX 6 Jump Elements**. Jump Element is, Solo Jump OR Jump Combination. Example: Double Lutz-Rittberger-Double Toe Loop as a combination is ONE Jump Element and Double Flip is ONE Jump Element as well.

Combination Jumps: is a series of two or more jumps where the landing edge of the first jump is the take-off edge for the second jump, etc.

In the Free Skating Long Programme the skaters **MUST INCLUDE** at least one (1) step sequence either Diagonal, Circular or Serpentine.

For step sequence not performed a deduction of 0.5 from the "A" mark will be given.

In the programme there **MUST** be at least a Toe Loop element, single &/or double &/or Triple, executed as a single jump or in a combination. Deduction of 0,2 from the "A" mark will be given by the Referee for an Open Toe Loop.

In Long programme of Cadet Category, a broken ankle spin is not allowed!!

UNDER 16 (Youth 1998/1997)

OVER 16 (Junior e Senior 1996/1995/1994 e prec.)

(Cepa Book 2014 – rule 134):

In the Free Skating Long Programme the skaters **MUST INCLUDE** at least two (2) **DIFFERENT** step sequences either Diagonal, Circular or Serpentine.

For each step sequence not performed a deduction of 0.5 from the "A" mark will be given.

In Long programme of Youth Category, a broken ankle spin is not allowed!!

RAGAZZI (2000/1999) – AZZURRI (1998/1997)

- Jumps e Spins are free (no broken ankle).
- Max Jumps of 2 revolutions
- Max three (3) combination jumps - 2 to 5 jumps.
- Entry to and exit from the spins are free.
- In the Free Skating Long Programme the skaters **MUST INCLUDE** at least one (1) step sequence Serpentine from a short side to opposite short side using the entire length of the floor.

MASTER (1996 e prec.)

- Jumps e Spins are free (no broken ankle).
- Max Jumps of 2 revolutions
- Max three (3) combination jumps - 2 to 5 jumps.
- Entry to and exit from the spins are free.
- In the Free Skating Long Programme the skaters **MUST INCLUDE** at least one (1) step sequence Serpentine from a short side to opposite short side using the entire length of the floor.

The term of executions is that of the correspondent categories Cepa/Uisp
All other CEPA Rules 2014 regarding Free Skating will be apply.

Single categories Ladies and Men * Figures *

GIOVANISSIMI - MINIS (2005):

Par. 1: Left Forward Outside

Par. 2: Right Forward Inside

GIOVANISSIMI - MINIS (2004):

Par. 2: Left Forward Inside

Par. 3: Right Backward Outside

PULCINI – MINIS (2003):

Par. 3: Right Backward Outside

Par. 9: Right Forward Inside Three

ORSETTI – ESPOIR (2002 – 2001):

Par. 19 a/b: Forward Inside Brackets

Par. 12 a: Backward Outside Double Three

Par. 14 a: Forward Outside Loop

RAGAZZI (2000 – 1999) in/and/e AZZURRI (1998 – 1997):

Par. 28 a/b: Forward Outside Change Double Three

Par. 19 a/b: Forward Inside Brackets

Par. 14 a: Forward Outside Loop

MASTER (1996 and older/e precedenti):

Par. 22 a/b: Forward Outside Counters

Par. 28 a/b: Forward Outside Change Double Three

Par. 30 a/b: Forward Outside Change Loop

UNDER 16 (2000/1999) CADET :

Par. 21 a/b: Forward Inside Rocker
Par. 28 a/b: Forward Outside Change Double Three
Par. 16 a: Backward Outside Loop

UNDER 16 (1998/1997) Youth

Par. 21 a/b: Forward Inside Rocker
Par. 36 a/b: Forward Outside Paragraph Double Three
Par. 17a: Backward inside loop

OVER 16 (1996/1995/1994/...):

Par. 23 a/b: Forward inside Counters
Par. 37 a/b: Backward Outside Paragraph Double Three
Par. 38 a/b: Forward Outside Pragraph Loop

Lega Nazionale Pattinaggio
Maurizio Cocchi

Annex “B”

LOGISTICS

All the news on the logistics will be given on receipt of the same by the club organising.

RATES:

TROPHY PACKAGE

From dinner of April 17th to lunch of April 19th
or from lunch of April 18th to breakfast of April 20th

Athletes: € 125,00 per person with accommodation in rooms with
2-3-4 beds;

Trainers and staff: € 135,00 per person with accommodation in rooms with
2-3 beds (SS €18,00)

For people arriving on 18th April in the morning and remaining until
lunch of April 19th there will be a special price
(€ 35,00 less than the normal price)