



Erasmus+ Programme

Call 2015
ERASMUS+: SPORT
COLLABORATIVE PARTNERSHIPS

We are happy to share with you a concept to cooperate on a new project: thanks to the Collaborative Partnership we could build up a coalition of “sport for all” and “voluntary service” organizations so to open a new framework of opportunities for young Europeans to experience mobilities – on the nomadic sense – to support as volunteers local sport events and to build capacity among the target organizations in developing new events and projects.

TITLE OF THE PROJECT: NOMADS European Youth for Inclusive Sport

DEADLINE OF SUBMISSION: 14th of May 2015

DATES OF THE PROJECT: 01/01/2016 – 31/12/2018

DURATION: 36 months

THEME: social inclusion and anti-racism through voluntary service and sport activities

PARTNERSHIP: 12 partner organizations from EU countries (in total 6 countries: in each country one organization with expertise in the field of sport and one organization with expertise in the field of voluntary service activities).

The project will be realized in cooperation with the Italian partner UISP Sportpertutti Comitato di Roma. You can find more information, at the end of the document.

TARGETS:

- young people, aged between 18 and 30, interested in volunteering in sport events abroad (young athletes and volunteers), including those with disabilities and with fewer opportunities
- local “sport for all” organizations who are willing to implement voluntary service linked with sport activities and to build local sport events with an European dimension. We do intend as a sport for all organizations dealing with all citizens regardless of gender, race, age, disability, religion and belief, sexual orientation and social or economic background citizenship
- local voluntary service organizations interested in building partnerships to start up international voluntary projects linked with “sport for all” events

GENERAL BACKGROUND: the “citizenship sport” or “sport for all” is guided by the idea of making the sport accessible to all sections of society, as a vehicle for aggregation, integration, empowerment and well-being. This type of sport is in close interaction with local communities and could be based on the re-qualification of abandoned and unused public spaces, developing a sense of belonging to the community.

The launch of a different model of sport implies a different consideration of the sport for all and the social role it plays (or that it could play if properly encouraged):

- an educative role, as a path that accompanies the citizens through their life, from childhood to old age;
- the social inclusion and cohesion role;
- the role of education for democracy. Respect for rules, respect for others, assumption of responsibility, sense of community as a first step for the emergence of solidarity;

- the preventive health care role, to avoid the damage caused by current lifestyles;
- the role of social economy.

The “Sport for all” is inclusive, does not isolate nor separate and is not based on selection. The “Sport for all” is not based on the rankings, because it does not need awards. The “Sport for all” is based on the attention of the specificity of the different bodies and is grounded on the idea that there are different ways and styles to learn all lifelong.

Ensuring the “right to sport” does not only mean to amend the discriminative regulations against certain specific categories of people, but it also means ensuring that everyone has the possibility of being able to practice it in the appropriate facilities and that it is affordable for everyone.

There are types of sport that arise spontaneously and occur independently occupying urban spaces improvised or made freely available by the associations or government. In this way the sport becomes a powerful way to promote urban re-qualification and the shared use of the public spaces. The citizenship sport includes some of the aspects of this interesting and vital phenomenon. Street activities (parkour, skateboarding, etc.), sports with cross-cultural influences (Indian volleyball, cricket and other sports of eastern origin), spontaneous football playground, emerging kind of physical activities (juggling, vertical dance, circus and social biking...) are examples of disciplines that occur spontaneously in our territories.

For all these reasons the project aims at promoting and encouraging the use of “Sport for all” concept and of the citizenship sports to enhance social inclusion and anti-racism among young people of different European countries.

AIM: to support educational and innovative approaches, based on the combination of non formal education, voluntary service and sport activities, to promote good practices and social inclusion among local and international organizations and to encourage anti-racist approaches among young people.

To impact at EU level the project will create and develop an European platform to map and promote organizations active in the field of sport and voluntary service, interested in adopting the “sport for all” activities and to involve young European volunteers in them, through the wide use of the project products: educational modules, so to tackle the challenge to bridge different actors and to allow local organizations in developing European links and common projects.

SPECIFIC OBJECTIVES:

- to create new synergies and interactions among the non profit, voluntary service and sport organizations;
- to encourage and to promote networking among different actors involved in sport and voluntary service activities;
- to foster the organization of new “sports events for all” with the specific aim to promote active participation and inclusion;
- to foster the organization of new short term voluntary service activities, related to sport events, to promote the active involvement of young people in the different local communities;
- to support the testing and the development of new project formats able to merge non formal education and sport to promote social inclusion and antiracism;
- to develop and implement new training and educational modules, to match the non formal education methodologies, the sport and the outdoor activities;
- to provide new local organizations, both involved in sport and in voluntary service activities, with new tools to plan, organize and implement new initiatives aimed at promoting social inclusion and antiracist behaviors;
- to develop a detailed map of the sport events all around Europe, so to provide an updated database available to the public;
- to offer new mobility opportunities, in the field of sport and voluntary service, to the young people of different European countries;
- to offer the young people with the possibility to develop cross-sectorial competences, they could afterwards use once back home;
- to actively involve young people coming from difficult backgrounds, who are early school leavers, or with temporary jobs or unemployed, through sport and voluntary service activities.

CROSS-SECTORIAL APPROACH: the project will develop a cross-sectorial approach, involving European organizations active at local, national and international level, both in voluntary service and sport and merging their experiences and know how in the different fields. For this reason it has to be considered in a wide scale

of networking, since it will facilitate the promotion and activation of new synergies among local, national and international organizations and stakeholders, ensuring a multiplier effect within the entire European society. All the project activities will be directed to enhance new forms of trans-national cooperation in the field of voluntarism and sport in order to support the testing and the development of new project formats that could be gathered and adapted also after the end of the activities, ensuring the sustainable effect in a long term perspective.

ACTIVITIES FORESEEN:

- Awareness-raising activities on the importance of sport as a tool to fight discrimination, racism and exclusion;
- Development, testing and assessment of new education modules based on the combination of non formal education, sport and outdoor activities;
- Development and implementation of training activities at international, national and local level;
- Mobility activities for young people.

DETAILED ACTIVITIES: the project comprises a series of outputs that will be implemented all along the 36 months:

Kick Off Meeting: first meeting targeted to the project coordinators and managers so to agree on the project structure, aim, objectives, methodologies and timeline and to start the implementation of the different phases;

Online Tutorial: the ICT tool use will be explained through an online tutorial;

International training course: international training targeted to the active members of the involved organizations to share good practices and to test training modules in order to implement activities to promote social inclusion and to fight racist behaviors;

Local workshops: local, residential workshops run in the different countries targeted to the sports partners and the voluntary service organizations that will implement the scheduled events during summer 2017;

Mid Term Evaluation: two days of meeting to gather the feedbacks of the organizations taking part in the project, collecting the main strong and weak points, so to make the necessary adjustments for the following phases and reinforce the quality of the project.

Youth mobilities: short term mobility experiences abroad for young people to keep them involved the new sport events and short term voluntary service projects;

Sports events: activities with a duration of 1-2 days that will be organized in each country of the partnership, with the aim to create new sport events promoting social inclusion and fighting against racism, and where the young volunteers will have the opportunity to participate through mobilities of 4-5 days (event preparation, implementation and closing);

Short Term Voluntary Service Projects – Workcamps: short term projects linked to other sport events and/or activities, with a duration of 10-14 days, that will host 10-15 international volunteers who will contribute, with specific tasks organized by the local hosts, to promote social inclusion and the fight against racism;

Final event – final conference: final evaluation to have a general overview of the entire project, the result will be the starting point in the conceiving and drafting of new possible project proposals that will be launched after the end of the current project. There will be a final conference where to present the results of the project and its main deliverables, that could be used after the end of the project.

DELIVERABLES: the project will provide the following deliverables:

ICT Tool: the ICT platform will be the main tool to map the sport activities where the youngsters, in the European involved countries, could participate, and will remain online and updated after the end of the project. It will comprise a database with on line maps where the mapping results of the sport events will be uploaded; it will be used to spread information about the project and to ensure a wide visibility; it will be also used to upload all the materials and the witnesses of the volunteers involved in the mobilities and of the different stakeholders involved in the sport events and short term voluntary service projects;

ICT tool Users Guide: a technical Handbook targeted to the organizations and containing the guidelines on how to use the ICT Tool will be produced during the first phase of the project. It will be available to all the project managers and researchers involved in the mapping and uploading;

Tool kit: the Tool Kit will contain a general overview of the project and a specific focus on the methodologies, coming from the combination of non formal education working methods and sport activities. Furthermore the Tool Kit will include the detailed description of the training modules proposed with the presentation of the possible activities to be played to promote social inclusion and to fight racist behaviors in the sport events and short term voluntary service projects;

Promotional material: to give visibility to the project and its activities, to spread information and keep the different stakeholders informed (t-shirts, bracelets, visibility kit for the local events;

TIME LINE OF THE PROJECT

ACTIVITY	Date	Target
Project starts	2016 January	
Kick off meeting	2016 February	All partners involved
ICT tool development	2016 March – May	Technical expert with the support of partners for contents
ICT tool Users Guide	2016 May	Technical expert with the support of partners for contents
Online Tutorial	2016 May	Technical expert with the support of partners for contents
Sports organizations mapping and public delivery	2016 February – October	Researchers from Sport Organizations
Ongoing Sport events-organizations mapping	2016 February – 2018 December	Researchers from Sport Organizations
International training course	2016 September	2 trainers from each org who will facilitate the local workshops
Tool kit preparation and editing	2016 October – November	Those who took part in the training with the project managers of the org, targeting those organizing the Nomads events
Networking with local partners	2016 October – November	local sport partners and local voluntary service orgs interested
Local workshops	2017 January – February	All the partners involved targeting orgs willing to implement the new sport events and short term voluntary service projects
Networking with local partners and organization of new sport events and short term voluntary service projects	2016 December – 2017 March	local sport partners and local voluntary service organizations interested
Promotion, recruitment and orientation for mobility (including promotional material production and delivery)	2017 February – June 2018 February – June	young people (18-30y.o.), interested in volunteering in sport events abroad (young athletes and volunteers), including those with disabilities and with fewer opportunities
Youth mobilities	2017 April – September (funded) 2018 April – Sept (not funded)	young people (18-30y.o.), interested in volunteering in sport events abroad (young athletes and volunteers), including those with disabilities and with fewer opportunities
Coordination of the local events (sport events and short term voluntary service projects)	2017 April – September 2018 April – September	All partners involved
Evaluation phase with stakeholders	2017 September – October	All partners with volunteers, local sport orgs and local voluntary service orgs who were involved in the experience
Witnesses collection from the different stakeholders	2017 September – October	All partners from volunteers, local sport orgs and voluntary service orgs who were involved in the experience
Official launch of the ICT platform and follow up	2017 November	local, national and international partners and new stakeholders
Mid term evaluation meeting	2017 November	All partners involved
Promotion and Management of Nomads program	2017 November – 2018 December	Project coordinators
Final evaluation meeting	2018 November	All partners involved
Project ends	2018 December	

DESCRIPTION OF ACTIVITIES

KICK OFF MEETING

- * to define rights and responsibilities of all the involved partners;
- * to define the working methods to be used in each phase of the project;
- * to define the quality standards to be applied for the entire duration of the project;
- * to share the indicators and the criteria to develop the sport events mapping;
- * to define the ICT Tool structure, with the support of the web master appointed for the project;
- * to define how to implement the required outputs;
- * to define the tasks to prepare the required deliverables;
- * to define the monitoring criteria;
- * to finalize the evaluation tools;
- * to set the communication and visibility strategy;
- * to share the administrative issues, administrative monitoring and reporting obligations to facilitate the project management

ICT TOOL DEVELOPMENT

- * to develop the ICT Tool that will be used for the entire duration of the project: specifically it will comprise a database with on line maps where the mapping results of the sport events will be uploaded; it will be used to spread information about the project and to ensure a wide visibility; it will be also used to upload all the materials and the witnesses of the volunteers involved in the motilities and of the different stakeholders involved in the sport events and short term voluntary service projects

ICT TOOL USERS GUIDE

- * to prepare the final version of the technical Handbook containing the guidelines on how to use the ICT Tool
NOTE: the Technical Handbook will be ready within the end of the month, so that it will be used during the Webinar and will be available for the following phases of the project (sport events mapping and uploading of the information)

ONLINE TUTORIAL

- * the ICT tool use will be explained through an online tutorial

INTERNATIONAL TRAINING COURSE

- * to implement the international training course, targeted to 2 representatives from each organization for a total number of 24 participants;
- * aim of the training course: to share good practices in the field of social inclusion through sport and voluntary service activities; to deepen the voluntary service approach and the different activities and methodologies that can be used within this frame; to test training modules, coming from the combination of non formal education working methods and sport activities, in order to implement activities to promote social inclusion and to fight racist behaves

SPORTS ORGANIZATIONS MAPPING, PUBLIC DELIVERY AND ONGOING SPORT EVENTS-ORGANIZATIONS MAPPING

- * to identify and map the sport for all organizations in Europe
- * to identify and map the local events implemented all along the year in the different countries involved in the project (2017) and all around Europe (2018);
NOTE: the specific criteria to map the sport events will be based on the common agreement set during the kick off meeting: generally they will concern the "sport for all" events, with the specific aim to promote social inclusion

TOOL KIT PREPARATION AND EDITING

- * to prepare the Tool Kit that will be used by the participants who took part in the international training course, supported by the project managers of the different organizations, during the local trainings implementation.

NOTE: the Tool Kit will contain a general overview of the project and a specific focus on the methodologies, coming from the combination of non formal education working methods and sport activities. Furthermore the Tool Kit will include the detailed description of the training modules proposed with the presentation of the possible activities to be played to promote social inclusion and to fight racist behaviors in the sport events and short term voluntary service projects

NETWORKING WITH LOCAL PARTNERS

- * to contact new possible partners and stakeholders interested in the creation of new sports events, and to provide them with more information about the project and its benefits;
- * to contact new possible partners and stakeholders interested in the creation of new short term voluntary service projects, and to provide them with more information about the project and its benefits;

LOCAL WORKSHOPS

- * to implement the local workshops targeted to the new sport partners and to the new voluntary service organizations involved in the sport events and short term voluntary service projects that will take place during the summer;

- * to share the tools and working methods developed to implement in the best way sport events and short term voluntary service projects aimed to promote social inclusion and to fight racist behaviors;

NOTE: each organization should organize three short term workshops (each one with the duration of two days) all along the following months (from December to February). Specifically, the six voluntary service organizations of the consortium will be in charge of the short term workshops targeted to the stakeholders and organizations willing to implement the short term voluntary service projects during the summertime.

In the same time the six sport partners of the consortium will be in charge of the short term workshops targeted to the stakeholders and organizations willing to implement the new sport events during the summertime.

NOTE: the participants who have been involved in the international training course, supported by their local organizations, will be in charge of organizing and running the workshops modules. During the workshop they will use the resources and tools contained in the Tool Kit

NETWORKING WITH LOCAL PARTNERS AND ORGANIZATION OF NEW SPORT EVENTS AND SHORT TERM VOLUNTARY SERVICE PROJECTS

- * to provide the sport partners interested with all the relevant and technical information on how to implement the new sport events;
- * to provide the voluntary service organizations interested with all the relevant and technical information on how to implement the short term voluntary service projects;
- * to establish a formal agreement with the local partners (sport and voluntary service stakeholders) that will be involved in the implementation of the events and projects;
- * to plan and organize, in collaboration with the local sport partners, the new sports events that will take place between May and August;
- * to plan and organize, in collaboration with the local voluntary service organizations, the short term voluntary service projects that will take place between May and August;

PROMOTION AND INFORMATION ABOUT MOBILITY

- * to actively promote among young people the project message and the importance of being involved in activities abroad aimed at promoting social inclusion and fighting racist behaviors through a set of promotional materials including a short online video (March 2016), T-Shirts, bracelets and visibility kit for events (May 2016)
- * to spread on a wide scale the information about the mobility opportunities among young people in the different countries;
- * to offer a database with the mobility opportunities (sport events and short term voluntary service projects) to all the young people interested;

RECRUITMENT AND ORIENTATION

- * to collect through specific application form the different expressions of interest of the young people willing to participate in the mobilities;
- * to provide all the young people interested with more information about the experience;
- * to make the pre-selection with a specific interview, of the interested young candidates;

- * to finalize the selection of the young candidates;
- * to get in touch with the hosting organizations (sport partners and voluntary service organizations) providing the participants application forms, profile and special needs;
- * to provide the specific details of the sport events or short term voluntary service projects where the young people will participate;
- * to support them in the logistic and travel preparation;
- * to activate the insurance coverage

NOTE: the sending voluntary service organization of the consortium will be in charge of the information, recruitment and placement of the young volunteers; while the sport partners and the voluntary service organizations of the other countries will be in charge of the hosting

YOUTH MOBILITIES

- * to ensure the travelling and participation of the young volunteers to the new sport events and short term voluntary service projects
- * the mobilities will be organized using the Interrail scheme, so to allow volunteers to join different events (up to 3) in a row. This system will ensure a sustainable experience and reinforce a European approach.

NOTE: volunteers will take part in the local projects prepared by the sport and voluntary service stakeholders: all the activities proposed will be linked by the common theme of social inclusion and antiracism. Volunteers taking part in the short term voluntary service projects will be accommodated by the local host and will take part, with other international volunteers, in voluntary service activities within the local communities. Volunteers taking part in the new sport events will be accommodated by the local host and will take part, with other local volunteers, in the implementation of the sport events taking place in the local communities

COORDINATION OF THE LOCAL EVENTS (SPORT EVENTS AND SHORT TERM VOLUNTARY SERVICE PROJECTS)

- * to run the general coordination of the new sport events and short term voluntary service projects;
- * to support in the volunteer placement;
- * to support in the logistic issues;
- * to promote and ensure the visibility of the events;
- * to make networking among local and international partners to keep everybody updated of the ongoing implementation of the activities;

EVALUATION PHASE WITH STAKEHOLDERS

- * to run a quantitative and qualitative evaluation taking into account the evaluating tools developed during the preparatory phase of the project;

NOTE: the evaluation will be run in different levels: with the volunteers who took part in the experience (done by the sending voluntary service organization), with the local partners involved in the new sports events and with the local partners involved in the short term voluntary service project. The result of the different evaluations will be shared with the partners of the consortium in order to have a general overview of the mobilities taking into account the strengths and weaknesses. These results will be also the starting point in the conceiving and drafting of new possible project proposals that will be launched after the end of the current project.

WITNESSES COLLECTION FROM THE DIFFERENT STAKEHOLDERS

- * to collect feedbacks, comments and witnesses of the experience from the different stakeholders involved;
- * to use the information to ensure a wide dissemination of the project results at local, national and international level;
- * to further develop networking at local, national and international level among new possible partners interested in these type of activities;

NOTE: the witnesses collection will be run with the different actors: young volunteers, project organizers and other stakeholders involved in the experience. A selection of the witnesses will be uploaded on the ICT tool and social networks so to present the entire experience on a wider and European level and to spread the information and to multiply the experience within the different countries involved

MID TERM EVALUATION

* to implement a mid term evaluation through an international meeting, aimed at gathering the feedbacks of the organizations taking part in the project, collecting the main strong and weak points, so to exchange good practices, continue promoting the successful experiences, make the necessary adjustments for the following phases and reinforce the quality of the project.

NOTE: the mid term evaluation will be targeted to the project coordinators and managers of the involved organizations and will last two days.

OFFICIAL LAUNCH OF THE ICT PLATFORM AND FOLLOW UP

* to launch officially at European level, among local, national and international partners and new stakeholders the ICT tool created, tested, implemented and used during the project.

NOTE: the ICT tool will be online even after the financial end of the project and will be used to further disseminate the project results.

* to start the follow up phase that will take place after the financial end of the project.

NOTE: the partnership will be engaged in the promotion of the project concept and its tools to develop a structured follow up plan that will allow their dissemination and the adoption by networks, voluntary service and sport organizations around Europe.

All the project deliverables (technical handbook, Tool Kit) will be available also after the end of the project.

PROMOTION AND MANAGEMENT OF NOMADS PROGRAM

*in 2018, once the program is tested in the previous summer, there will be a follow-up year to promote and manage the program without the budget for test: this will allow a consistent evaluation of the sustainability of the project, and further enlargement of the partnership and Nomads events.

FINAL EVALUATION

* to run the final evaluation to have a general overview of the entire project, taking into account the results already collected during the evaluation phase with the different stakeholders and the results of the monitoring action run during the project. The result will be the starting point in the conceiving and drafting of new possible project proposals that will be launched after the end of the current project.

NOTE: this project intends to be a pilot action aimed at creating a format that can be repeated, exported and modified according to the local needs. These format will be available to all the sport and voluntary service organizations interested in the implementation of new activities aimed at promoting social inclusion and antiracism through innovative methodologies coming from the combination of non formal education methods and sport activities.



Lunaria is, according to the current Italian legislation, an Association for Social Promotion. It was created in 1992, and since then it is a non governmental body, autonomous from religious and political affiliations and not-profit. Our activities focus on research and action research, training and communication on several social issues such as fair economy, the development of third sector, the study of migration flows, of globalisation the trends and the links between democracy and participation and the importance of informal and non formal education through the promotion of international voluntary service activities. We test new forms of active citizenship and non-violent social change inspired by the principles of justice, solidarity, democracy and, nationally and internationally, the respect of human rights for all.

International Voluntary Service

Every year, Lunaria sends over 500 Italian volunteers to international voluntary service short-term initiatives abroad and facilitates the hosting of as many foreign volunteers in its initiatives carried out in co-operation with local partners in Italy. This is possible thanks to the co-operation with several associations belonging to the umbrella structure of the Alliance of the European Voluntary Service Organisations, of which Lunaria is member. This network gathers more than 50 bodies that promote international voluntary service world-wide. On the Italian side Lunaria co-operates with several local governments and socially-oriented associations willing to include a short-term project of voluntary service with international volunteers in their activities. We are engaged in the promotion of long and medium-term voluntary service such as the EU's European Voluntary Service for young people and the promotion of individual and collective projects for adults and senior volunteers, for which we have awarded the 2007 European Commission's Grundtvig's best European project.

Youth Policies and Non-formal Education

Lunaria manages the Venice Youth Information Centre, <http://www.veneziagiovane.info/>, where we experience innovative actions of empowerment on youth policies and participatory information. We also promote youth training and initiatives at local, national and European level.

Migrations

Since 1996, Lunaria has been promoting research on migration flows, information and campaigns to promote the rights of migrant citizens and actions to fight racism and xenophobia. Our campaigns mainly focus on the acknowledgement of active and passive voting right for foreigners and the safeguarding of their civil and social rights. We advocate decision-making on permanence and residence permits to the civil structures, the introduction of ordinary procedures for the regularisation of foreign citizens present in Italy and the closure of the Centres of Identification and Expulsion, which have been created in recent years in Italy.



Unione Italiana Sport Per tutti (UISP) is a sport promotion organisation, recognised by the Italian National Olympic Committee (CONI), funded in 1948, with the main objective of promoting culture and sport practice amongst the most disadvantaged groups of population. In the 80's, UISP reorganised its aims, by extending its mission to the "Sport for All" concept. This, mainly refer to the promotion of sport practice, not necessarily based on competition, but also on solidarity, respect of the environment and accessibility for everybody, without any discrimination by gender, age, ability, race and lifestyle. At local level, UISP - *Comitato di Roma* organises several sport and physical activities with a special focus on the promotion of outdoor activities.

In line with the European WHO guidelines on active cities, an urban active living strategy mainly focuses on the "Sport for All" approach. This, emphasises on participation and skills development and consider the practice of physical education and sport is a fundamental right and essential element in lifelong education for every citizen. Besides this, UISP pays particular attention to the promotion and spread (in and through sport and social life) of a culture caring rights, environment, and solidarity (Statute, title I, art. 1, par.4). UISP also aims to facilitate the organisation of activities promoting behaviours oriented to sustainable sports, in positive relation with the environment (Ethic Chart, art.5). At local level, UISP Roma organises various sporting activities including the promotion of multiple outdoor activities events.

UISP Roma that aims to promote an active lifestyle amongst the population and value the naturalistic areas inside the urban environment .

Through a series of outdoor initiatives, opened to every citizen; transform urban areas into playgrounds where citizens can explore their city, look at it from a different perspective, live usual spaces in a different way, experience new/unexplored areas, re-think about the relationship

between city and nature. The citizen becomes tutor, active promotor of tangible and intangible

values linked to the landscape and cultural heritage of his city.

UISP Roma are confident can encourage citizens, especially those living more the risk of social exclusion, to take on a more active and healthier lifestyle; to favour socialisation processes; to improve self-esteem and self-efficacy levels of participants; to develop sense of participation and civil responsibility towards environment and common good; to prevent the onset of cardiovascular diseases, cancer, diabetes, or chronic respiratory diseases; to reduce the adoption of risk behaviours (alcohol abuse and drug use).