

**PROGRAMMA UISP
PICCOLISSIMI
TROFEO PROVINCIALE
2014**

1° Giro: gattino avanti
2° Giro: gattino indietro



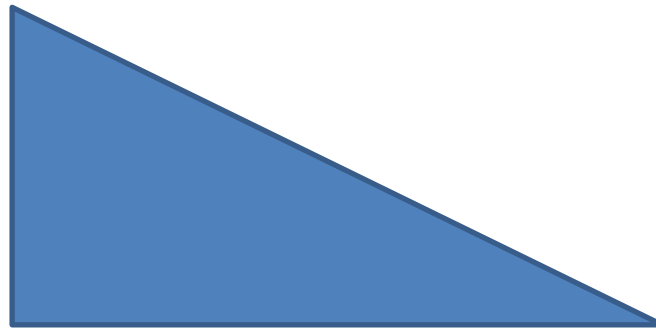
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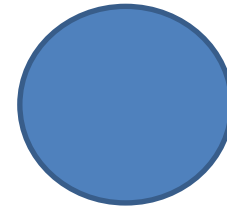
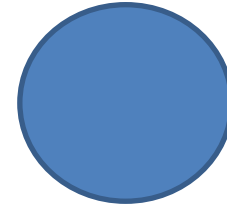
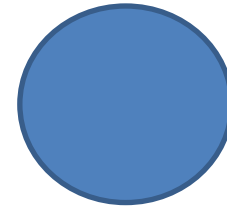
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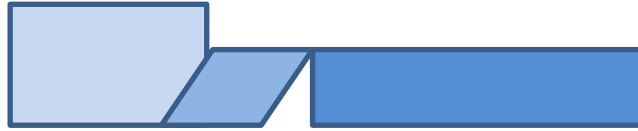


1° Giro: Capovolta avanti
2° Giro: Capovolta dietro



Balzi a piedi uniti

Trampolino: lavoro in pliometria



- Pennello braccia basse lungo il corpo
- Pennello braccia alte
- Pennello con caricamento (?)