**Scheda dichiarazione SUOLO GAF**

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| |  |  | | --- | --- | | **Ginnasta**  **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** | **Società \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**  **MINI 3 A - MINI 3B – MINI 4 - PRIMA – SECONDA – TERZA – OVER - QUARTA – QUINTA - SPECIALITA’ - SESTA A – SESTA B – SESTA C – SESTA D (evidenziare la categoria)** | | 1ª S. ACROBATICA |  | | 2ª S. ACROBATICA |  | | S. MISTA |  | | S. GINNICA |  | | 3° ELEMENTO GINNICO |  | | SALTO GINNICO GRANDE AMPIEZZA |  | | ELEMENTO PER LAVORO DIFFERENTE DIREZIONE |  | | PIROETTA 360° |  | | ELEMENTO SINGOLO ACROBATICO |  | | ELEMENTO SINGOLO ACROBATICO |  | | ELEMENTO GINNICO SINGOLO |  | | USCITA |  | | NOTA D p.\_\_\_\_\_\_\_\_\_\_\_\_ |  | |
| SCRIVERE L’ESERCIZIO CON I SIMBOLI OPPURE IN STAMPATELLO |

**Scheda dichiarazione TRAVE GAF**

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| |  |  | | --- | --- | | **Ginnasta**  **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** | **Società \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**  **MINI 3 A - MINI 3B – MINI 4 - PRIMA – SECONDA – TERZA – OVER - QUARTA – QUINTA - SPECIALITA’ - SESTA A – SESTA B – SESTA C – SESTA D (evidenziare la categoria)** | | S. ACROBATICA |  | |  |  | | S. MISTA |  | | S. GINNICA |  | | ELEMENTO GINNICO |  | | SALTO GINNICO GRANDE AMPIEZZA |  | | ELEMENTO PER LAVORO DIFFERENTE DIREZIONE |  | | PIROETTA 360° |  | | ELEMENTO SINGOLO ACROBATICO |  | | ELEMENTO SINGOLO ACROBATICO |  | | ELEMENTO GINNICO SINGOLO |  | | USCITA |  | | NOTA D p.\_\_\_\_\_\_\_\_\_\_\_\_ |  | |
| SCRIVERE L’ESERCIZIO CON I SIMBOLI OPPURE IN STAMPATELLO |

**Scheda dichiarazione PARALLELE GAF**

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| |  |  | | --- | --- | | **Ginnasta**  **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** | **Società \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**  **MINI 3 A - MINI 3B – MINI 4 - PRIMA – SECONDA – TERZA – OVER - QUARTA – QUINTA - SPECIALITA’ - SESTA A – SESTA B – SESTA C – SESTA D (evidenziare la categoria)** | | *DESCRIZIONE ELEMENTI IN ORDINE DI ESECUZIONE* |  | |  |  | |  |  | |  |  | |  |  | |  |  | |  |  | |  |  | |  |  | |  |  | |  |  | |  |  | |  |  | |
| SCRIVERE L’ESERCIZIO CON I SIMBOLI OPPURE IN STAMPATELLO |